



**NPC WORLDWIDE MUSCLE MULISHA
GRANDPRIX VII REGIONAL QUALIFIER**
JULY 29, 2023



FINAL PLACINGS

Men's Bodybuilding - True Novice		
Placing	Competitor #	Name
1	299	Jacques Mostert

Men's Bodybuilding - Junior		
Placing	Competitor #	Name
1	299	Jacques Mostert

Men's Bodybuilding - Open Light Heavyweight		
Placing	Competitor #	Name
1	214	Sizwe Jongidiza
2	268	Achmat Richards

Men's Bodybuilding - Open Heavyweight		
Placing	Competitor #	Name
1	299	Jacques Mostert
2	292	Khulekani Sibiya

Men's Bodybuilding - Open Super Heavyweight		
Placing	Competitor #	Name
1	300	* Wesley Dames *
2	279	Wanda Khuzwayo

Men's Classic Physique - True Novice		
Placing	Competitor #	Name
1	278	Joshua Kift
2	58	Jonathan Jones
3	299	Jacques Mostert

Men's Classic Physique - Novice		
Placing	Competitor #	Name
1	278	Joshua Kift
2	58	Jonathan Jones
3	197	Uzair Williams

Men's Classic Physique - Junior		
Placing	Competitor #	Name
1	299	Jacques Mostert
2	178	Jason Wright
3	286	Ethan Dempers
4	280	Ronin Jacobs

Men's Classic Physique - Open Class B		
Placing	Competitor #	Name
1	290	Bradley Bhramadu
2	291	Robin Aspeling
3	287	Raymond Damon
4	197	Uzair Williams
5	286	Ethan Dempers

Men's Classic Physique - Open Class C		
Placing	Competitor #	Name
1	278	Joshua Kift
2	58	Jonathan Jones
3	281	Aviwe Hlaba
4	250	Aljarreau Smith

Men's Classic Physique - Open Class D		
Placing	Competitor #	Name
1	53	* Willem Smit *
2	299	Jacques Mostert

Women's Wellness - Novice		
Placing	Competitor #	Name
1	117	Elizabeth Vogt

Women's Wellness - Open Class C		
Placing	Competitor #	Name
1	283	Jaime Griffiths
2	117	Elizabeth Vogt

Women's Wellness - Open Class D		
Placing	Competitor #	Name
1	218	Marcia Ngubane

Women's Figure - True Novice		
Placing	Competitor #	Name
1	284	Shani Du Toit

Women's Figure - Novice		
Placing	Competitor #	Name
1	56	Ashleigh Sherwood
2	284	Shani Du Toit

Women's Figure - Masters 35+		
Placing	Competitor #	Name
1	37	Beulah Palha

Women's Figure - Masters 40+		
Placing	Competitor #	Name
1	266	Michelle Rorich
2	198	Maureen Steyn

Women's Figure - Open Class C		
Placing	Competitor #	Name
1	37	* Beulah Palha *
2	267	Lieze Roode
3	56	Ashleigh Sherwood
4	284	Shani Du Toit

Women's Figure - Open Class D		
Placing	Competitor #	Name
1	198	Maureen Steyn

Women's Bikini - Novice		
Placing	Competitor #	Name
1	273	Robin Mccallum
2	277	Stefnie Van Wyk
3	271	Lene Mostert

Women's Bikini - Junior		
Placing	Competitor #	Name
1	59	Luhze Puren
2	277	Stefnie Van Wyk
3	274	Maritza Maritz

Women's Bikini - Masters 35+		
Placing	Competitor #	Name
1	144	Didi Yuan

Women's Bikini - Open Class C		
Placing	Competitor #	Name
1	52	* Lee Battison *
2	144	Didi Yuan
3	273	Robin Mccallum

Women's Bikini - Open Class D		
Placing	Competitor #	Name
1	54	Esmari Prinsloo

Women's Bikini - Open Class E		
Placing	Competitor #	Name
1	274	Maritza Maritz
2	271	Lene Mostert

Women's Bikini - Open Class F		
Placing	Competitor #	Name
1	59	Luhze Puren
2	277	Stefnie Van Wyk

Men's Physique - True Novice		
Placing	Competitor #	Name
1	299	Jacques Mostert
2	269	Ethan Nowitz

Men's Physique - Novice		
Placing	Competitor #	Name
1	197	Uzair Williams

Men's Physique - Teenage		
Placing	Competitor #	Name
1	269	Ethan Nowitz

Men's Physique - Junior		
Placing	Competitor #	Name
1	299	Jacques Mostert

Men's Physique - Open Class A		
Placing	Competitor #	Name
1	269	Ethan Nowitz

Men's Physique - Open Class B		
Placing	Competitor #	Name
1	282	Wakeford Francis
2	289	Edgard Brunel
3	199	Waseem Salie
4	285	Divan Du Plessis

Men's Physique - Open Class C		
Placing	Competitor #	Name
1	272	* Sifiso Siyabonga Molefe *
2	292	Khulekani Sibiya

Men's Physique - Open Class D		
Placing	Competitor #	Name
1	197	Uzair Williams
2	275	Dean Maart

Men's Physique - Open Class F		
Placing	Competitor #	Name
1	299	Jacques Mostert
2	288	Izaan Burger